

UCI Center for Emeriti and Retirees

Interdisciplinary ∞ Multicultural ∞ Intergenerational

Connections

Location:
CER = Center for
Emeriti & Retirees

111 Theory, Ste. 200
Irvine, CA 92697
Phone: 949-824-7769
Fax: 949-824-7007

New website:
<http://retirees.uci.edu>

**RSVP for EACH
event at :
retirees@uci.edu
or 949-824-7769**

Family & friends
welcome!

Free parking for most
events courtesy of
the UCI Retirees
Association

Information on
next page:

- Dates to Save
- New Regents Point Discount
- Health Net Seniority Plus News
- Looking for Re-tiree/alums

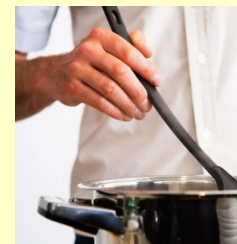
Upcoming Events

Healthy to
100 and Beyond

Feb. 6th (Friday) - Yes, You Can: Do Simple Yoga & Pilates to Improve Pelvic Health/Prevent Distressing Symptoms. 12:00 - 1:15 p.m., University Club Library Room. Strengthen key areas with simple yoga and Pilates exercises. Taught by Patricia Morita-Nagai, PT, WCS, and Winnie Ma, PT, DPT. (Lecture plus participation). **Free parking with RSVP to retirees@uci.edu.** *Supplies needed: Yoga mat + bath towel OR 2 bath towels, water.

Feb. 11th (Wednesday) - Soup's On! Cooking Class, 11 a.m. to 1 p.m. at the Anteater Recreation Center, Cooking Classroom.

Learning and eating tasty and healthy soup recipes—what could be better? Lunch IS what we create: Salmon Vegetable Chowder, Sweet Potato Lentil Soup, Italian Chicken Stew and Cheese Polenta. \$30 per participant. Register via credit card 8 a.m. to 5 p.m. by calling 949-824-3738 or pay at the Anteater Recreation Center front desk, Mon– Fri between 9 a.m. and 6 p.m. **FREE parking with RSVP to retirees@uci.edu.**



Feb. 25th (Wednesday) - 9:00 am @ UCI/9:30 @ trailhead — Crystal Cove State Park (Northeast) - Newport/Irvine. Moderate hike (3 mile round trip out and back). Free parking on Ridge Park Road & East Coastal Peak Road. Optional No Host lunch to follow. ALL hikes found here: <http://tinyurl.com/n59yuxz>



March 2nd (Monday) - Ebola, Vaccines & Ethical Issues: Why Knowledge is Critical!, Noon– 1:00 p.m. at the Medical Center in Orange, Building 56, Room 114/115. Professor Brandon Brown, UCI Program in Public Health, will discuss Ebola, other more infectious diseases and issues with vaccines and quarantines. **Parking information with RSVP to retirees@uci.edu.**

March 5th (Thursday) - Retirement Savings Information Workshop - 10:00 a.m., Human Resources Training Room (111 Theory, Suite 200). Learn how to access valuable Fidelity tools to manage your UC retirement savings investments online as well as the key tools and strategies for preserving your savings for future generations. Presented by Diana Shu, Retirement Counselor, Fidelity. **Free parking with RSVP to retirees@uci.edu.**



March 9th (Monday) - How Technology Helps Teach Children with Autism, 12:00 to 1:00p.m., University Club Library Room. Dr. Gillian Hayes, UCI Assistant Professor of Informatics, will be our presenter with great insight for parents and grandparents. *Light refreshments provided. **Free parking with RSVP to retirees@uci.edu.**

SAVE THESE DATES!

April 1st —Geologist-guided Tour of the San Andreas Fault sponsored by the UCI Retirees Association. \$69 fee includes lunch and bus transportation. Payment must be made by March 1st to guarantee space. RSVP to retirees@uci.edu or 949-824-7769. **Free parking with RSVP.**

April 18th—Celebrate UCI! The UCI Retirees Association will have a table at this event. Come meet fellow retirees and learn more about 50th Anniversary events. Free; more details to come!

May 5th— Join us for our 10th Annual Reception and Art Show. This event honors ALL UC Irvine Emeriti & Retirees and features Chancellor Howard Gillman as the keynote speaker. 3:30 to 5:30 p.m. in the Student Center Ballroom. Co-sponsored by the UCI Retirees and Emeriti Associations. **Free parking with RSVP to retirees@uci.edu.**

The Reception will be part of our 50th Anniversary celebration and will recognize our faculty and staff from the 1st ten years!

Founding faculty/staff, call 949-824-7769 or email retirees@uci.edu for information.
We welcome your input.



New Senior Living Opportunity at Regents Point for Members of the UC Irvine Community!

In coordination with CER, Regents Point is pleased to offer UCI faculty, staff, emeriti and retirees a 50% discount on the entrance fee—the up-front cost to secure residency in the community. The cost savings are significant—anywhere from \$47,500 to \$467,500, depending on your choice of residence (one-bedroom, two-bedroom or villa). Monthly fees range from \$2,352 to \$4,936. For more information, contact Regents Point Sales Director Noemi Flores at (949) 854-9500.

Health Net Seniority Plus : Exciting Change with Our UC Irvine Medical Group Providers!

In prior years Health Net (HN) Seniority Plus was not an option for Medicare-coordinated retirees who wished to stay with the UCI Physicians and Surgeons medical group. In 2015, there is a newly established medical group called UC Irvine Health with locations in Tustin and Orange. It includes 13 new primary care physicians (through a separate Memorial Care Medical Group contract). Retirees with HN Seniority Plus choosing this medical group will have full access to UCI specialists.

Retiree and also Alumnus/a? We KNOW there are many of us out there! We'd like to update the retiree database with this information. Please email your information (include degree(s) received, date, and major) to retirees@uci.edu. We value your suggestions and want to make sure we include everyone.