

# UCI Center for Emeriti and Retirees

## In This Issue

- ◆ Upcoming Events
- ◆ Save These Dates!
- ◆ Travel Program Destinations
- ◆ Bookstore Discounts
- ◆ Scholarship Effort
- ◆ Retiree AND Alum?
- ◆ Announcements
- ◆ Our Facebook Page!

## Upcoming Events

### **Oct. 5th—Step Up UCI Challenge—TODAY through January 31, 2016**

Are you ready to join our team **CER Trekkers!** —to possibly earn a FREE Step Up UCI sweatshirt? To compete to win we must participate in the Step Up UCI team challenge. To complete the challenge EACH team members must log at least 750,000 steps total (~6300 steps a day) during the 4 months. We have **ONLY 2 Spots left** so email [retirees@uci.edu](mailto:retirees@uci.edu) to let us know if you are interested and start tracking your steps today!

### **Oct. 6th—Upper Newport Bay, Back Bay Loop Trail Hike—9:30 a.m. @ trailhead**

This well-marked trail through restored wetlands begins at the Peter and Mary Muth Interpretive Center. It is a flat, almost 6-mile course. Parking is free at this time. Optional no-host lunch afterward.

### **Oct. 14th—Cooking Class: Classic Recipes from 50 Years Ago! 11:30 a.m. to 1:30 p.m., Anteater Recreation Center (ARC)**

Join us as we prepare some classics! Stuffed Mushrooms, Waldorf Salad, Mini Meatloaf, Potatoes Au Gratin and Pineapple Upside Down Cake, \$30 per participant. Participants can call Campus Recreation Services at 949.824.3738 to register, or visit the ARC Services desk Mon – Fri between 8 a.m. - 6 p.m. Pay via cash, check (made out to UC Regents), Visa or Mastercard. **DEADLINE extended to Oct 12th at 6 p.m.** \*Once you have registered with the ARC, email [retirees@uci.edu](mailto:retirees@uci.edu) for FREE PARKING.



### **Nov. 9th —Tour of UCI SIM and Clinical Skills Centers—10 to 11:30 a.m.**

View the Simulation Center, a dedicated, state-of-the-art facility which can simulate an emergency department trauma bay, full scale operating room, critical care unit or patient ward. The Clinical Skills Center program allows students to develop skills in physical exams, communication, taking patient histories, and other aspects of clinical practice. Located on the Irvine campus. RSVP for parking details at [retirees@uci.edu](mailto:retirees@uci.edu).

## In Memoriam

### **Oct. 11th—Richard Wallis Memorial Service—3 p.m.**

Richard Wallis, Professor Emeritus of Physics and Astronomy, passed away on Sept. 10th. A celebration of his life will be held at St. Michael's and All Angels church in Corona del Mar on Sunday, October 11th, at 3 p.m.

### **Oct. 18th—James E. Dunning Memorial Service—2:30 p.m.**

James E. Dunning was a founding staff member and former director of UCI Admissions from 1971 to 1993. His memorial service will take place in the Samuel McCulloch Library Room of the University Club. Please rsvp to [nrafael@uci.edu](mailto:nrafael@uci.edu).

### **Oct. 25th —Suzanne (Suzy) Charlton Memorial Service—9:00 a.m.**

Suzy Charlton was a retiree from the Education Department and an artist in the years since UCI. Informal memorial service to be held at Heisler Park, corner of Cliff and Myrtle, in Laguna Beach.

October 2015

NEW Location:

Newkirk Alumni Center  
450 Alumni Ct, 2nd Flr  
Irvine, CA 92697

Phone: (949) 824-7769

Fax: (949) 824-7383

Website: [retirees.uci.edu](http://retirees.uci.edu)

Facebook Page:

[https://www.facebook.com/  
UCIrvineRetirees](https://www.facebook.com/UCIrvineRetirees)

Save These Dates!

- ◆ Nov. 4th—Open Enrollment Information Fair
- ◆ Nov. 9th—Tour of UCI SIM and Clinical Skills Centers
- ◆ June 1st—Annual Golf Tournament @ Arroyo Trabuco Golf Course!

## UC Retirees Travel Program

Collette Worldwide Travel Guide gives UC Retirees access to travel to ALL 7 continents in 2016 from their 13-day Italian Vistas tour to their 9-day Classic Christmas Markets tour.

Contact Rosemary Norling ([Rnorling001@san.rr.com](mailto:Rnorling001@san.rr.com)) or call (800) 437-0235 and mention promo code U001.AX1.918 and University of California Retirees Association.



### Did You Know?

1. Your valid UCI email address entitles you to the same discounts that staff receive at The Hill. Discounts vary depending upon on the item(s) available. The store maintains a current sheet with specific information.
2. The UCI Retirees Association contributes-- with the help of YOUR dues support -- to the UCI Staff Assembly Scholarship effort that awards funds to current staff members who seek to continue their education.

### Retiree AND Alum?

We are proud of your accomplishments and would like to know what activities YOU would like to see take place at UCI.

Please email your suggestions and information to: [retirees@uci.edu](mailto:retirees@uci.edu) (include maiden name if applicable). The information you provide will remain absolutely CONFIDENTIAL!

## Announcements

### *Emeriti and Retirees in the Next Phase of Life!*

We do not “retire from life”. We GO ON to the NEXT PHASE of life! Help us to share your stories of what your lives have entailed after your initial work with UCI. Many have found great adventures in helping UCI or in artistic or political volunteer experiences or second careers. Some have found renewed energy and are achieving new goals in fitness and health or helping others navigate the maze of dealing with critical illnesses.

*UCI ZOTline* is the new UCI newsletter seeking to feature highlights from campus news, messages from campus leadership, trivia questions about UCI, volunteer opportunities, updates on philanthropy and campus initiatives and exciting new articles featuring faculty and staff and NOW emeriti, retired faculty and staff.

SEND us ([retirees@uci.edu](mailto:retirees@uci.edu)) your stories for submission! Here is ZOTline's [new website](#) to learn more.

### *MRI Study Volunteers Needed!*

The Memory, Aging, and Dementia Lab at UCI is recruiting volunteers for participation in an MRI study of Memory & Mood in Aging. We are looking for older adults **ages 60 and up** who are experiencing depressive symptoms such as feelings of sadness, changes in mood, appetite or sleep, or having trouble concentrating or remembering things. The study will be ongoing over the next few months (dates and times are flexible). Participants come into the lab on the UCI campus and undergo neuropsychological testing (1.5 hours) as well as an MRI scan (1 hour). Participants will be compensated \$60 for their time in addition to receiving mileage reimbursement and a parking pass. In order to determine if you qualify for the study, please contact project lead, Stephanie Leal, at [sleal@uci.edu](mailto:sleal@uci.edu) or call [\(949\) 824-0314](tel:949-824-0314).

### *Can Fragrances Affect Memory?*

Seeking participants for a research study to determine whether smelling fragrances daily can improve attention and memory. If you are between 60-75 years of age, able to walk, not diagnosed with cognitive impairment, able to smell fragrances, and fluent in the English language, you may be eligible to participate. You will be compensated \$100 for your participation. For more information, please contact: Dr. Michael Leon, Professor, Department of Neurobiology and Behavior at University of California, Irvine: (949) 824-5343 or [mleon@uci.edu](mailto:mleon@uci.edu).

Website: [retirees.uci.edu](http://retirees.uci.edu)

Facebook Page? YES we have one!

<https://www.facebook.com/UCIrvineRetirees>