

# UCI Center for Emeriti and Retirees

Interdisciplinary ∞ Multicultural ∞ Intergenerational

August 2016

## CONNECTIONS

### Upcoming Events/Opportunities



**Aug. 2nd (Tue) - HIKE San Clemente Beach Trail — 10:00 a.m. @ trailhead \*Note 10 a.m. start time\***

*This event IS today and WAS noted in the July Newsletter. It is also included here because this is the August Newsletter and we want accurate archives.*

This hike runs along the Pacific Ocean from the Metro link Train Station to Calafia Beach and back for a total route of 4.5 miles. Parking at Metro Link has an hourly fee payable at machines. **RSVP at 949-824-7769 or to [retirees@uci.edu](mailto:retirees@uci.edu).**

**\* This is now sold OUT\* Aug. 3rd (Wed) - "As You Like It"- 8:00 p.m. @New Swan Theater, UCI, \$30/person:** The UCI Retirees Association has 30 tickets for this event. RSVP for a maximum of 2 tickets by emailing [retirees@uci.edu](mailto:retirees@uci.edu). In the confirmation email will be instructions on where to send your check for the tickets. **\*Sorry, this event has sold OUT\***

**Aug. 14-16th — "Transforming Retirement: Re-writing Life's Next Chapter"**

AROHE Conference @Univ. of Washington, Seattle. The Association of Retirement Organizations in Higher Education (AROHE) presents this conference for University Emeriti and Retirees and Administrators interested in recent developments and practices in higher education retirement to include emerging policies, services and programs. Fresh ideas, a Resource Exchange Fair and networking opportunities abound. For conference details, housing options and an online registration form visit <http://arohe.org/2016-conference-details>. For additional questions, email: [info@arohe.org](mailto:info@arohe.org) or call: 213-740-5037



**Aug. 16th (Tue) - WALK Crystal Cove — 9:00 a.m.**

**Meet in front of Trader Joe's at Crystal Cove Promenade.** Crystal Cove Coastal Walk. Meet 9:00am in front of Trader Joe's in the parking lot at Crystal Cove Promenade Shopping center (PCH & Reef Point Dr). The 3 mile out and back walk is on a paved trail above the coast from Crystal Cove State Beach north to the historic cottages at Crystal Cove beach. An additional 2 ½ miles can be added to the walk once there. Please have sun protection and bring your own bottle of water. **RSVP at 949-824-7769 or to [retirees@uci.edu](mailto:retirees@uci.edu).**

**Aug. 24th (Wed) - BIKE Dana Point Harbor to San Onofre State Park— 9:00 a.m.**

**Meet in the Dana Point Harbor parking lot.** The out and back ride has three distances depending on ability—beginner, intermediate and advanced riders are welcome! Helmets required on all rides. Riders are responsible for carrying their own water, snacks, and spare tubes. For more details: **RSVP at 949-824-7769 or to [retirees@uci.edu](mailto:retirees@uci.edu).**



### CER Info:

Jeri I. Frederick, Director  
Newkirk Alumni Center  
450 Alumni Ct, 2nd Flr  
Irvine, CA 92697

Phone: (949) 824-7769

Fax: (949) 824-7383

-----

### Website:

[retirees.uci.edu](http://retirees.uci.edu)

### Facebook Page:

[www.facebook.com/  
UCIrvineRetirees](http://www.facebook.com/UCIrvineRetirees)

## Zot News

- ◆ View L.A. Rams summer training camps at UCI Crawford Field! A full schedule is [available here](#).
- ◆ Click below to read why: [UCI is #7 in MONEY magazine's rankings of best-value colleges in the U.S.](#)

## Next Page Items

- ◆ September Events
- ◆ Volunteer Opportunities
- ◆ Blue Shield Pharmacy Changes
- ◆ UCI Retirees Association Membership Benefit Update
- ◆ New Retiree ID Cards

### If you like Facebook...

Then feel free to visit our Facebook page:  
[www.Facebook.com/  
UCIrvineRetirees](http://www.Facebook.com/UCIrvineRetirees)

## Save these Dates

### **Sept. 14th ( Wed)- Aliso & Wood Canyons Wilderness HIKE—Alta Laguna Trail 9 a.m.**

Alta Laguna Park is at Top of the World. Estimate 800' elevation gain and approx. 5 miles. RSVP for all information: [retirees@uci.edu](mailto:retirees@uci.edu) or 949-824-7769.

### **Sept. 15th (Thurs) New Retiree Resource Fair at the UCI Student Center 9 to 11 a.m.**

Soon- to-be or recently retired? Need your UCI Retiree ID card to get 15% discount on cell phone service or 50% off UCI parking? Did you forget to submit the form to retain your UCI email address or are you having trouble using it? RSVP for details and parking information: [retirees@uci.edu](mailto:retirees@uci.edu) or 949-824-7769.

### **Sept. 19th (Wed) UCI Town and Gown Coffee And Conversation—9:00 a.m. @ Sherman Library Gardens**

Join us at the beautiful gardens to hear the inspirational stories from 2016-2017 scholarship recipients. Explore Interest Groups, find homemade goodies to take home and, of course, tour the gardens. Visit: [www.ucitownandgown.com](http://www.ucitownandgown.com) for all information.

## **Volunteer Opportunities**

Volunteering for **Meals on Wheels** is a great way to make a meaningful contribution in just 1-2 hours once a week or as little as twice per month. They deliver Monday-Friday from 10:40 a.m. until approximately 1 p.m. The FIRST STEP is to schedule a ride-a-long with a volunteer driver. To do so, call Victoria Heidelman at 949-724-6096 or email [vheidelman@cityofirvine.org](mailto:vheidelman@cityofirvine.org). To see *MORE opportunities*, please visit our website!

## **Blue Shield Pharmacy Changes**

Due to updated terms, the Blue Shield Pharmacy Contracting team periodically renews its contracts with independent pharmacies. Some do not agree with the requirements and will no longer participate on September 5, 2016. If you are a member of UC Care, Health Savings Plan (HSP), Core and the Medicare plan and you previously used a specific pharmacy on this list you have been sent a letter which includes network alternatives. For people with multiple prescriptions and/or dispensaries, Blue Shield will send only one letter per member identifying the terminating pharmacies. It is possible that some subscribers may later receive a reinstatement letter if their pharmacies send in their contracts after the initial mailing. **Medicare recipients** can visit the Blue Shield website ([blueshieldca.com/med\\_pharmacy](http://blueshieldca.com/med_pharmacy)) to access the latest Pharmacy Directory.

### **UCI Retirees Association (UCI RA) Membership Benefit Update**

As a benefit and incentive for membership, current members of the UCI RA receive a discount on most program registrations and complimentary parking for most events. The membership application can be found at <http://retirees.uci.edu/retirees-association>.

### **New Retiree ID Cards**

This card is your key to Continuing Services, many on - and off-campus discounts and coupons! The UCI Bookstore, The Hill, will issue these ID Cards (M-F 8am to 6pm; Sa 11am to 5pm; Su Closed). The newer version is updated and wallet-sized. The first card is free for all new retirees and existing retirees who may wish to replace an older card. There is a fee for replacements thereafter.

Website: [retirees.uci.edu](http://retirees.uci.edu)

**Facebook Page? YES we have one!**

**If you have an event with UCI Retirees, send us your pictures.**

**<https://www.facebook.com/UCIrvineRetirees>**