

# MAY 2018

## HIKES / WALKS / BIKE RIDES



Please RSVP to [retirees@uci.edu](mailto:retirees@uci.edu) or 949-824-7769 at least one day prior to the scheduled event. These hikes offer retirees, emeriti and their guests the opportunity to explore local parks and trails. We'll provide the group leader. Bring water, sunscreen, camera and a hat.

Note: rains may necessitate cancellation due to park closure.



### HIKE May 2

#### Laguna Coast Wilderness - (9:00 am)

The first half of this 5 mile hike will test our fitness as we climb from Nix Nature Center to the high point of Serrano Ridge Trail. We will gain 650 feet in elevation before a leisurely descent to Barbara's Lake and the return to our cars. The lake is one of only 3 natural lakes in the OC and is a great reward for our efforts. This hike is rated moderate. Hikers are responsible for bringing their own water, sunscreen, hat, and snacks.

*Nix Nature Center, 18751 Laguna Canyon Road, Laguna Beach, 92651.*

*Nix is on the north side of the road between Lake Forest and El Toro. Meet on the patio of the Nature Center. Parking is \$3 per car or OC Parks Annual Pass.*

[CLICK HERE TO  
RSVP ONLINE](#)



### WALK May 10

#### Yorba Regional Park - (9:30 am)

Meet in Parking lot 1 (P1) for a 3 mile flat walk around the five lakes at Yorba Regional Park in Anaheim. The trail is paved and shaded by trees on both sides. This walk is considered "easy". From the 91 Fwy, take the Imperial Hwy off ramp heading north. Turn right on La Palma Ave and make the first right into the "free" lot. Walk across the field to Parking Lot 1. Please bring water and sun protection.

*Yorba Regional Park - 7600 E. La Palma, Anaheim*

*Park in the "free" lot off of La Palma Ave just east of Imperial Hwy.*

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### BIKE May 22

#### Newport to Sunset Beach - (9:00 am at Frog House Surf Shop)

We'll take the Santa Ana River Trail under PCH and head north on the bike/pedestrian trail towards Huntington Beach for a 20 mile out and back ride along the coast. The ride will turn around at the Water Tower in Sunset Beach and follow the same route back. This flat ride is geared towards all cycling levels. Helmets required on all rides. Riders are responsible for carrying their own water, snacks, and spare tubes.

*Meet in front of the Frog House Surf Shop (6908 W Coast Hwy).*

*Parking Info: Free parking along side streets around the Frog House.*

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RSVP ONLINE](#)