



December 2013

*Interdisciplinary
Multicultural
and
Intergenerational*



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***Please RVSP for any of the events listed, via :
retirees@uci.edu**



Moving Forward

On Campus—THIS Week!

***Dec. 3rd, How to Maximize your Retirement Income**

This information session will be presented from 10-11 a.m., by Bryan Stebel, at the University Club, in Room C. Parking is free. Space is still available. RSVP: retirees@uci.edu, or, 949-824-7769.

Bryan has been in the financial industry for over 22 years. He is a Certified Financial Planner, Chartered Retirement Planning Counselor, Registered Financial Consultant and certified in the Series 7, 65, 24. He has his California State Insurance license and is a Long Term Care Specialist. He worked 11 years at Fidelity Investments with 8 of those years as financial advisor for the UC Retirement system at UCSD, UCI and UCR. He continues to educate UC Employees by conducting retirement and investment planning seminars on a regular basis. Currently, he is President/CEO of Stebel Financial Group, First Executive Vice President of Gateway Financial Advisors

*** December 5, 2013 - Free Flu Shots Available on Campus.**

It's not too late. Get your Free Flu Shot on Campus at the Student Center, Terrace Stage from 10am - 2pm on Thursday, December 5. No Registration needed. Available while supplies last.

Discounts Near and Far

As a part of the UCI Community, Students, Faculty, Staff, and Retirees have many discounts available to them. Take advantage of these money saving opportunities that may be found at this webpage.

<http://www.wellness.uci.edu/discounts.html>

Healthy Recipes For All

Not able to attend a Health & Fitness Friday session on campus? Not a problem, Campus Recreation as part of UCI LivingWell has provided a link for you to try some of the fresh, tasty and healthy recipes from Thai Glass Noodle Soup to Zucchini cobbler to a Lighter (yes, lighter) Cheddar Biscuit recipe! Take a look here:

<http://www.campusrec.uci.edu/fitfridays/recipes.asp>

Changing Your Tax Withholding

Have you been meaning to change the amount of federal or California tax withholding for your pension benefit, but just haven't gotten around to finding the form and getting it in the mail?

Now you can sign in to your account on At Your Service to view your current tax withholding elections and make changes you've been meaning to make! It's convenient and secure. Simply sign in to your personal account on At Your Service (<https://atyourserviceonline.ucop.edu/ayso>), select "Benefit Tax Withholding" from the menu and then "Change Tax Withholding."

There's even a calculator function to show the effect on your benefit income of changing your withholding allowances (select "Benefit Tax Withholding" from the main menu and then "Estimate Tax Withholding")

If you have questions about using At Your Service to change your tax withholding, call the UC Retirement Administration Service Center at 800-888-8267.

Volunteer Opportunity - Susan Samueli Center for Integrative Medicine

Approximately one full day a week, every other week; flexible on the day of the week. General business hours are 9:00 a.m. – 4:30 p.m. The offices are located on the first floor of Hewitt Hall on the UCI campus.

Assistance is needed on projects such as:

- Tracking and managing registration for events and community education classes
- Compiling materials for our community classes (example: putting notebooks together)
- Preparing and working with spreadsheets (excel) to track donors and prospective donors
- Preparing formal correspondence
- General event coordination assistance
- Meeting arrangements (making lunch reservations, providing directions, etc.)
- Answering the public phone line
- Interactions with donors (i.e., answering questions on things like how to make a gift to the Center)
- Other similar administrative work

This person will work with the Senior Director of Development and the Associate Director of the Center. Ideally, we are looking for a volunteer with strong administrative skills, detail-oriented focus and sensitivity in dealing with donors, community members and the public. For more information on the Center, please see this website: www.sscim.uci.edu

Volunteers interested in our opportunity can contact me on this email, lgremel@uci.edu, or phone 949-824-0087.



Appreciation...

At this time of year, we reflect upon the good work and significant contributions that faculty and staff have made over their many years of service to UC Irvine. Thank you!

Please reserve Tuesday, April 22, 2014, 3:30—6 p.m., for the Annual Reception for All Emeriti and Retirees! More details will be forthcoming.

Jeri I. Frederick, director, UCI Center for Emeriti & Retirees