CELEBRATE WITH US!
HONORING UCI EMERITI AND RETIREES

You contributed to UCI’s phenomenal development of the campus and medical center. You are invited to join our online Annual Reception honoring UCI Emeriti and Retirees.

Chancellor Gillman will speak and answer a LIVE Q&A. View a special performance by the UCI Opera Guild, and learn how retirees and emeriti directly impact incoming students and UCI’s future.

OCTOBER 20, 2021
3:00 - 4:30 P.M.

HTTP://BIT.LY/CERRECEPTION2021
Zoom Webinar link will be provided after registration

In celebration of a hopeful return to travel, the first 400 RSVPs will each be mailed a specially branded UCI Emeriti & Retirees luggage tag!
OCTOBER 2021

HIKES   WALKS   BIKE RIDES

October 20 - 9:30 a.m. WALK - Back Bay to Shellmaker Island
This is a delightful loop route along the Woods Creek and Woods Canyon trails for approximately 5 miles.

October 7 - 8:00 a.m. HIKE - Aliso Woods Canyon
This is a delightful loop route along the Woods Creek and Woods Canyon trails for approximately 5 miles.

*These outdoor activities are led by UCI Retirees Association members.

Looking for Fitness Classes?

Check out UCI FitSquad

Hosted by UCI’s HR Wellness Program, UCI retirees have the opportunity to take fitness classes at a low cost through the FitSquad program. The virtual and in-person classes include the following: yoga, Zumba, full-body fitness, stretch and tone, and “breathe easy.” The cost is only $5 per class. A UCI email address is required for registration.
Click here for more information and to register:
https://www.campusrec.uci.edu/fitsquad/index.asp

Need Help Managing Health Care Challenges for You or a Loved One?

Concierge Care Navigators Online Workshop
Wednesday, November 3
2:00 – 3:00 p.m.

Speaker: Susan Papiri, Community Liaison - Council On Aging Southern California
Register on Zoom: https://uci.zoom.us/webinar/register/WN_gReHsqfkQBGk9pV8lfLY0lQ

The Concierge Navigators Program at the Council On Aging Southern California (COASC) provides resources and knowledgeable support to help seniors and their caregivers navigate the complexities of health challenges. Their skilled team of Registered Nurses are Certified Geriatric Care Managers and are specially trained to evaluate, plan and coordinate care, no matter the circumstance. Services include medication management, referrals to trusted resources, and personalized care plans.

Susan will also briefly discuss other services provided by COASC.
HAVE YOU MISSED THE ARTS?

UCI Claire Trevor School of the Arts Fall Events

**Human Error**  October 1 - 31, 2021
Virtual presentation - streaming on demand
$10 access
https://www.arts.uci.edu/event/human-error

“A comedy about two couples – one liberal, one conservative – thrown together because of a mix-up at a fertility clinic.”

**Revolution Everywhere: Thresholds of Resistance**
Curated by Juli Carson
October 9 – December 11
Tuesday – Saturday, noon – 6:00 p.m.
Contemporary Arts Center Gallery
Tickets: Free admission

“Revolution Everywhere features three large-scale film & photographic installations by Panos Aprahamian, Heather M. O’Brien, and Simon Liu, whose works have been shaped by the recent revolutions in Lebanon and Hong Kong. Since all regional revolutions are global, the artwork’s political and poetic approaches are further triangulated by the Southern California cultural landscape in which they are viewed. It is the stance of the artists that within the catastrophic devastation of failed nation states and forced Diaspora, a poetic approach to political art ‘makes life worth living.’”

**Audio Theater**
Friday, November 12, 8:00 p.m.
Saturday, November 13, 2:00 and 8:00 p.m.
Claire Trevor Theatre
Live performances
Tickets: $19 general admission, $16 seniors
[https://www.arts.uci.edu/event/audio-theater](https://www.arts.uci.edu/event/audio-theater)

“Experience the magic of audio performances with six short plays written by UCI students and alums, and directed by UCI undergraduate and graduate students.” Audio theater has been known by many names and has been around for a long time (some say since the late 1800s). A quick definition is plays that are conveyed purely through sound—voice, music, sound effects, etc.
**How does CUCRA ensure that the voice of UC Retirees is heard?**

CUCRA, comprised of retiree volunteers from each campus, maintains regular contact with several divisions within the UC Office of the President (UCOP) including the Vice President of Human Resources and the Retirement Administration Service Center (RASC) which administer the continuing Retiree Benefits Programs (health, dental, vision, ARAG legal insurances, etc.). CUCRA also works with the Joint Benefits Committee which has UC retiree and emeriti representatives who analyze the various benefits and retirement options being offered and submit reports with recommendations to UCOP. Major issues are re-visited and discussed at length with UCOP representatives at the twice annual CUCRA and Council of UC Emeriti Associations (CUCEA) system-wide meetings. Representatives from CUCRA and CUCEA are also appointed to UCOP Committees such as the recent UC Health Benefits Advisory Committee.

More information about the activities of CUCRA can found at [https://cucra.ucsd.edu/](https://cucra.ucsd.edu/)

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**OPEN ENROLLMENT 2022**

This online workshop will provide retirees with up-to-date information regarding any enhancements or changes to the UC health and welfare plans for 2022 as well as transactions that can or should occur during Open Enrollment.

**RETIREE PLANS PRESENTATION**

Nov 2, 2021 10:00 AM Pacific Time (US and Canada)


Do you have questions about Open Enrollment and changes to the medical, dental or vision plans offered by the University for 2022? Meet with **Kwame White, UCI Health Care Facilitator (HCF)** to discuss your questions over Zoom. If you have additional questions, please feel free to contact the Kwame at [whitek@uci.edu](mailto:whitek@uci.edu)

**HCF - RETIREE OFFICE HOURS**

Nov 4, 2021 10:00 AM Pacific Time (US and Canada)


Nov 9, 2021 1:00 PM Pacific Time (US and Canada)