

# MAY 2020

## HIKES / WALKS / BIKE RIDES



Note: **Social Distancing of 6' ft will be observed. Facial coverings will be required.**



### BIKE RIDE May 13

#### Aliso Creek Bikeway - (9:00 am in parking lot)

We will ride 13.75 miles on the Aliso Creek Bikeway to the famous Biker bar, Cook's Corner. After a brief rest at Cook's we will head back the way we came to complete the 27.5 mile ride. A number of rolling hills dot the route giving us 1,100 feet of climbing, multi-gear bikes recommended. Approximately 95% of the ride is on separated bike routes. This ride is geared towards "intermediate" cyclists. Helmets required on all rides. Riders are responsible for carrying their own water, snacks, and spare tubes.

*Meet in front of the Druggest Pharmacy,  
24022 Aliso Creek Rd, Laguna Niguel*

*Parking Info: Free parking in front of the Druggest Pharmacy*

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[bit.ly/3doKyOa](https://bit.ly/3doKyOa)



### WALK May 27

#### Trabuco/San Juan Creek Trail - (9:30 am)

Meet in the outside parking lot at the San Juan Capistrano Train station (5 hrs free parking) for a 5 mile out and back walk on the Trabuco & San Juan Creek trails. For those who want more walking, continue on the trail past Creekside Park to Doheny Beach for a 7 mile round trip walk. Please bring sun protection.

*Parking Info: Park in the outside surface parking lot at the San Juan Capistrano Train station (5 hrs free parking)*

*Due to the distance, this walk is considered "moderate," however, as an "out and back" walk, you may turn back at any time.*

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